# Traveling overnight

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https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/personal-social-activities.html#hotel

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Check the hotel’s COVID-19 prevention practices before you go

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• Use options for online reservation and check-in, mobile room key, and contactless payment.

• Before you go, call and ask if all staff are wearing masks at work.

• Look for any extra prevention practices being implemented by the hotel, such as plexiglass barriers at check-in counters, and physical distancing signs in the lobby.

• Ask if the hotel has updated policies about cleaning and disinfecting or removing frequently touched surfaces and items (such as pens, room keys, tables, phones, doorknobs, light switches, elevator buttons, water fountains, ATMs/card payment stations, business center computers and printers, ice/vending machines, and remote controls).

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Wear masks and limit close contact with others

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• Wear a mask in the lobby or other common areas.

• Minimize use of areas that may lead to close contact (within 6 feet) with other people as much as possible, like break rooms, outside patios, inside lounging areas, dining areas/kitchens, game rooms, pools, hot tubs, saunas, spas, salons, and fitness centers.

• Consider taking the stairs. Otherwise wait to use the elevator until you can either ride alone or only with people from your household.

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Choose contactless options, when possible

• Request contactless delivery for any room service order.

• If you are considering cleaning your travel lodgings, see CDC’s guidance on how to clean and disinfect.

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Protect yourself and others when you travel away your community

• Learn more about safely planning travel during the COVID-19 outbreak.

Visiting parks and recreational facilities

• Parks and recreational facilities can offer health benefits, but it is important that you take steps to protect yourself and others from COVID-19. Learn what you can do to stay safe when visiting parks and recreational facilities.

Content source: National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases