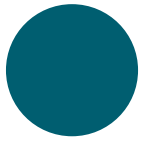


FOLLOW THESE 5 SAFETY STEPS

to keep us all healthy



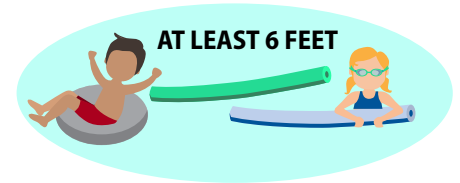
STAY HOME IF YOU DON'T FEEL WELL

Or if you tested positive for COVID-19 or were exposed to someone with COVID-19 in the last 14 days



STAY 6 FEET AWAY FROM PEOPLE

who don't live with you, both in and out of the water and avoid sharing items with other people



WEAR A CLOTH FACE COVERING

when not in the water*

* Don't place cloth face coverings on children under age 2 or anyone who has trouble breathing or is unconscious, weak, or otherwise unable to remove the cover without help.



WASH YOUR HANDS OFTEN with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol



COVER YOUR COUGHS AND SNEEZES

with a tissue or your elbow, throw the tissue in the trash, and wash your hands



Now, **let's swim!**



cdc.gov/coronavirus